



Hello

As you already know from my website, I work with beings in the non-physical world, the archangels, ascended masters, angels, spirit guides, and outer-world beings and in particular channel information through my own guide who calls herself Alleyna.

I have no control over the responses I receive and sometimes the spirit world's terminology can initially be unusual and so you may find it takes a bit of getting used to. Please be aware that the spirit world often calls a spade a spade, so please embrace their guidance in the manner that it is sent to help you wake up to your situation, so you may take the appropriate action.

Although the spirit world is portrayed as airy fairy loving beings, they will if necessary be blunt and to the point to try and help spur us into action. Please note that the guidance brought forward, is guidance, it is your own choice whether to act upon any guidance given and that in the event the information given relates to health issues, please ensure you seek professional medical advice.

... Lots of angelic love to you

Jill Harrison

A very important message from Ascended Master Lord Melchizedek, to all those who have requested a trance-channelled reading.

This message was given by Lord Melchizedek on 9 April 2008, after a reply from someone giving feedback about their reading. This person refused to embrace the messages and guidance in the reading, proclaiming they had already put it all into practice.

"I AM Lord Melchizedek and I come to you on the rays of wisdom to bring you enlightenment about the reading you are to receive. Firstly I wish to emphasise that at times, when a message, or guidance is given from spirit, the soul can sometimes feel that it has already perhaps dealt with whatever has been emphasised. However, had this been the case, then there would not be any need to draw your attention to such things now.

When one creates expectations, then one cannot be fully open to learning, or embracing, aspects of the whole. Sometimes guidance is given to help you understand, psychologically, why you are like you are, and perhaps give you a truthful vision of how others interpret your energies. Sometimes one particular parent may have a more profound psychological impact on your life than another, without you even being aware of it.

It is not our intention to point fingers of blame, or judgement, but to help you perhaps comes to terms with who you are, and thus enable you to lay the matter to rest. Therefore, whichever angel, guide, Ascended Master or Extra-Terrestrial guide comes forward, please acknowledge that perhaps deep inside, there may be aspects that you have buried long ago, and presumed they are gone, but in reality, these aspects need releasing to enable you move on.

We ask that you remember, we have been guiding and directing humanity since it was first created, so please understand that we are here to help you with: -

- Clarity
- Harmony
- Courage
- Strength
- Truth
- Vision
- Healing
- Peace

Everything brought through this channeller, is to help you understand the potential that lies in each and every one of you, so you may embrace your strengths, and evolve into the person that you were meant to be."

With Universal Love for Mankind:

Lord Melchizedek



Greetings I AM Archangel Chamuel and it is my hope that I will bring you the guidance and comfort you need at this time. You may wonder why my child I would use the word comfort, this is because you are a very sensitive and impressionable soul, you are very much affected by unhappiness and when the world suffers, so too does your soul.

Avoid harsh environments at all costs my child, look to pursuing your dreams if they allow you creative expression. Your sensitivity is not only an impediment; it too is a positive aspect, for it gives you great talent when it comes to creativity. Therefore, surround yourself with art, music, film and media for in these realms you come alive. Recognise that when you are not connecting to your creative

aspect you will feel very much alone and misunderstood in this earthly realm.

Most of your earthly experience is done on what we, in the spiritual realm, define as inner communion. You often prefer to withdraw from the world, and as you feel things on a very deep level, it can be hard to decipher your own true feelings when it comes to having to make decisions.

You have great abilities when it comes to communication and it was undecided whether it should be I or Archangel Gabriel who would give you guidance today. The deciding factor my child, was that I wish to help you open your heart chakra fully. You will do very well in the professional realms as long as you continue to listen to your instincts, when it comes to material

and financial matters. Look at how well you carefully and reflectively view what needs to be done, providing you lean towards safety rather than risk, any venture you wish to pursue will create steady growth.

Just remember though my dear, you have always had expensive tastes and whilst you may wish to be extravagant, let your inner voice be your guide. Believe in abundance and it shall be yours.

It is time for you to work towards measuring your worth, by your own standards and not others. It matters not on others opinions, my dear know that you are a wonderfully warm soul and people are attracted to you naturally, therefore utilise your natural leadership ability and when you allow yourself to tune into your creative side, you can inspire others through example. Learn to appreciate the self, this way your work will exude quality and style.

Your relationship with your father has had a direct impact upon your degree of self-confidence. Although you can be warm and charming, you have a strong need to dominate your partnerships and at times you can be attention-grabbing because of insecurity in this area. Your greatest challenge is with yourself and your own identity. When you radically change your image, you are in a sense searching for greater self-security. Work upon your self-appreciation. It is time to let the world see how talented you are.



You have to let your love flow out and allow love from others in. Don't be dismissive when people try to show you affection. You have been programmed to believe that you had to do well to be loved, in reality, you weren't the one with the inability to show love in its truest sense, and the life challenge was your father's, therefore my child, let this feeling of not being good enough go. You have been carrying a burden that wasn't yours to carry for far too long, therefore lighten up, start to relax and just enjoy yourself.



So many humans struggle with self-esteem, and it is so sad that people haven't picked up on the need to teach this to each other and most importantly their offspring. It is never too late for you to begin though, so call upon me or ask the help of our medium here and she will be able to give you advice on how you can overcome your confidence insecurities.

There is much spiritual growth happening around you, therefore be aware that we are with you guiding and helping you onward and upwards. Learn what interests you and communicate with those who share a similar bond to yourself. It would be a good time to clarify your motivations and ensure that you are not taking on responsibilities that aren't yours to take.

You strive very hard to make your relationships work with others and you feel deeply for others, therefore I ask you to be brave my child and learn to express your most intimate feelings with those you love. This will bring

you a soul connection that you are searching for, and it is one that can be experienced on an extremely deep level, if you would just be willing to let your barriers down.

Be aware that when it comes to family, you do your best to try and live up to family expectations, however , it is time you meet your own desires and expectations. Twin flame partners have often struggled to compete with either your career or the attention you have placed upon your family. It is time now that you manifest your caring energy beyond the limits of the family and begin to help others who feel lost and in need of guidance.

You have very strong energies and you are here to learn that to operate as a truly free spirit, you must break free of other people's dependence upon you. You can run your own business and you will do well providing that you make the major decisions and then you allow associates to take care of the details. Take care not to place yourself under considerable pressure to satisfy your needs, as this will create much strain in your personal life.



You should be proud of yourself , for not many people have the tenacity you possess.

Karmically you will be challenged in this lifetime to distinguish between situations where you're helping yourself by standing firm with the courage of your convictions and situations where you're running into difficulties because of your fixed approach. Learn to observe your environment , allow your intuition to show you how to take advantage of what is happening around you, rather than allowing it to trip you up.

I want you my dear to begin feeling a lot more confident within yourself , you have considerable skills and when you attempt things, you often manage

them easily. Learn to exploit your versatility, even if it does appear unusual to others.

We see a great deal of power in you, and we notice that you strive hard to find a comfortable balance between your own strong needs and the needs of others. You will accomplish most of your own material goals; therefore do not be afraid to reach for the stars.

I AM Archangel Chamuel

2. Relationship Reading



Greetings, I AM Archangel Gabriel and I come forward upon the cosmic rays of love and wisdom to offer guidance on your life's journey. The role of any angel is to be a guide, to help lead the incarnate soul to that which will help it achieve its physical life lessons. At all times the soul has free will whether to allow guidance to take place or whether it wishes to take an alternative route. Therefore dear child, closely read my guidance, ruminate upon what has been said and then listen to your own heart and allow your higher self to guide you and if it is in alignment with our guidance, you can rest assured that the journey will be less fraught.

We will begin by looking at yourself and what aspects you have acquired that are positive and those aspects of yourself that are negative. Whilst it is good to recognise someone's strengths, it is just as important to recognise their weaknesses for in highlighting those aspects, you may well begin to see where your challenges lie. People will always come into your life for a reason my dear and leave for a reason, this is the spiritual law that decrees that anything that does not enable the soul to grow, or carries the wrong vibrational energy will be guided to move to a different pathway that is more vibrationally correct.

You have had an unusual upbringing which has brought out the outsider in your nature. There is a part of you that is so curious about other people and yet you allow low self-esteem to make you feel as

though you do not belong. Even in your relationship with ***, he feels you are at times distant and cool towards his affections.

Be aware that you have a stubborn streak when it comes to your own opinions; therefore be careful only to offer your opinions when they are asked for to help smooth the communication process with others.

Due to your passion for life and excitement, you have to be careful that you are not led astray by affairs of the heart; it is hard for you to maintain stable relationships with others as they are often threatened because of your need for romance and excitement. In relationships my dear, you have to work on not allowing your dissatisfaction with life to be blamed upon your partners. You have to find a sense of meaning in your own life and not rely on others to fill the gaps that may reside within you.

You are very sensitive to vibrational energies, therefore it would be wise to have periods completely on your own, where you can connect with your own feelings and work on creative or spiritual interests.

There was a vibrational energy at the time of your birth in which commitment to others, particular in relationships, was an important issue. In your own relationships you strive to overcome selfish needs and discipline yourself to take the needs of others into account before you take action. In this sense you are a person of your word, when you make a relationship commitment. You are also gifted with fair-mindedness and patience when it comes to dealing with others; however you must remember from now on that the major challenges in your life are to relax more with others, and to drop your defensive formal shield which prevents a deeper, emotional intimacy. Though you are good at dealing with people on a superficial level, you can be at a loss when



emotional themes are broached. Though your early life will bring challenges and difficulties in partnerships, deeper devotion will arise in your love life as you mature.

It is time to break down your emotional barriers that you have built for they prevent you from enjoying intimacy with others. It is no use my child building up a wall of indifference, for this causes Him much despair and frustration. I know that you are hungry to experience a deep emotional relationship, but as long as you allow your facades to exist, you can never achieve what you desire.

Recognise this defensiveness prevents you in particular from enjoying sex. Sexual satisfaction my dear is dependent on showing emotional vulnerability, this is the thing which you fear the most. Paradoxically when you learn to be vulnerable it is then that you will come to learn the truth that you can never be hurt. A souls journey through live is an eternal development process of liberation from emotional blockages.

Another area you have to do some work in my dear is in the arena of trust. Being able to trust another person and ensuring they hide nothing from you are essential ingredients in maintaining and establishing a good relationship. It is very important that you understand that trying to control others emotionally will not create a harmonious strong relationship, therefore when you find yourself about to use an emotional threat to control another, please bite your lip and show you're softer and more understanding side.



It is also important to recognise that you were profoundly influenced by the emotional atmosphere as a child, and you were very sensitive to parental moods, especially our mother's. This has made you into a sensitive and

rather vulnerable person. This is why you are so strongly motivated to create a caring and secure foundation for yourself. It would be to your advantage to try and view the ups and downs of family life in a more objective way, rather than allowing your moods to be constantly affected by changes.

Use your strong intuitive ability constructively. You will play an important role channelling the hopes and dreams of many people. Your unusual intuitive skills can even be used to tune into changes that will happen on a collective plane, especially the world of nature. Do not be afraid to expand upon your spiritual psychic skills.

Your relationships would benefit greatly if you learnt to let others know what you're thinking, for this helps to clear up misunderstandings and confusion.



Work my on putting people's minds at ease and be as open as circumstances permit. When your feelings are hurt you withdraw into yourself for long periods and if you're feeling insecure then you have a tendency to be suspicious of loved ones. If you resist your tendency to argue for hours at a time or use silence as a weapon and you learnt to be open and

trusting you would discover that relationships can be harmonious and fulfilling.

If you continue to cross-examine your partner you will drive them behind a protective wall and then if this doesn't work you use silence as another way of applying pressure. You have to overcome these difficulties, the real enemy in your relationships is the relationship you have with yourself, therefore give yourself and others time and space to respond to your questions without creating anxiety. Allow others to have their secrets if they wish, the less you know the more peace of mind you can attain.

You possess the capacity to develop a beautifully deep and meaningful relationship. Recognise you tend to start love relationships

with tremendous dreams and ideas, which your partner cannot possibly live up to. If you examine your past carefully you will find this pattern of unrealistic expectation arises from childhood experiences.

Your mother was deeply dissatisfied and longed for another relationship than the one she had. Although she never said this, you had the ability to read her unconscious message and learn to believe that the ideal relationship exists but it will always be unattainable. This means you are always on the alert for flaws in your chosen partner and miraculously they arise. This is a complex projection based on an unconscious disappointment programme. Now you have



been made aware of this, do not fret dear child for all is not lost, you can learn to avoid false expectations. What you need to do is be more compassionate with your own weaknesses and those of others. From today, make a commitment to stop being over-critical and nagging, inherent perfectionism is an ideal that ruins the abundance and fulfilment of life.

Now my dear do not feel that relationships are doomed and that you are to blame for everything. Duality in all things means that it takes two to make a relationship work and two to break a relationship.

Just like you he is easily seduced too by the idea of romance, he is also headstrong and reckless therefore creating many problems in life however, he is at heart an honest soul. He often feels misunderstood for he resides in the world of inner feelings and dreams. If life becomes boring for Him, he escapes into the realms of his imagination. Sadly He has given up trying to share his dreams because they have been met with scepticism for so long.

Be aware that He often feels that life is against him; his tendency to view life negatively means he harbours unrealistic expectations of others and this perpetuates his feelings of being let down.

For he takes his masculinity very important, therefore he is programmed to feel his role in a relationship is to guard and protect, the problem here is that he doesn't always focus on the emotional needs of yourself and this makes you feel he is being insensitive. *****'s upbringing has programmed him to be unconfident and he has a strong need for approval.

He has rigid views of how relationships should be and he needs to stop being so dismissive when you offer him affection. Nevertheless he can be trusted and he works hard for those he cares for. It is important for to learn to give himself praise, and he really needs to make vast improvement on his self-esteem if he wishes to experience a true loving relationship. At the moment he has a tendency to judge himself and others far too harshly.



In many ways you are both alike, and you share many common life themes. You have the potential for a happy relationship, but you both must recognise that you need to draw upon each other's strengths and help each other with their weaknesses.

He needs to be aware that competition mars your relationship. Avoid wasting each other's energies and be more direct with each other. know that the more ego you display the worse communication between the two of you becomes therefore find other places to establish common ground.



To help you further you need to know that ****'s childhood was a struggle and it makes him difficult to express his emotions in a natural or spontaneous way. Someday he will have to come to terms with his repressed emotions. He is so afraid of being rejected that he rarely will show you how he really feels.

He currently believes that material things are a reflection on his personal status, and because of his negative thinking and preoccupations with planning, he limits his potential to achieve success. His relationships will be marred until he begins to have more faith in himself. He has a tendency to choose relationships with those he can be sure of, but doesn't necessarily love, so that he avoids being hurt. He could resolve these issues if he would lower his expectations of others, give instead of demanding and most importantly that he stops blaming others for his personal unhappiness.

I hope that this will give you many things to ponder upon my dear, I have merely highlighted the areas that require work, there is much potential in your relationship for there are, as I have said previously, that you share a common theme with. Whether the relationship stands or falls will be down to how supportive and understanding you are of each other, whilst working on those aspects of the self that seek to sabotage your abilities to experience fulfilment and abundance.

Blessings
Archangel Gabriel

3. Past Present & Future



Blessings, I AM Archangel Uriel. I AM here to help you uncover or confirm the many talents that you have and the ones that relate to past life talents that you have yet to discover lie deep within you.

Often we will ask those who seek our guidance not to seek out the past but to focus upon the present and how the present will predetermine their future. However, sometime by looking to past incarnations, you are able to view influences that you still may need to re-experience in order to grow and fully develop your soul's potential. Often a human will believe that it has memory to recall experiences or knowledge, this however is not so. The truth is that it is your higher self, the spiritual higher consciousness that reminds you of what you need to recall at the moment it is needed.

There is much emphasis placed in the human world about karma, the law of cause and effect, but in reality past incarnations cannot really have any effect upon you, unless you have called upon the cosmic flow of life to relive those experiences for spiritual gain. I hope that you will ruminate on the information given so that you will consider your potential in the present and for the future. At times what is given will resonate with you, and other times you may not be so sure, but read with your heart, for some character traits have a habit of continually repeating themselves until you grasp what it is you're supposed to be doing in life.

So moving on, shall we begin? Remember that you have freedom of choice and much of what is about to be given may be considered a strong message, but it is with the hope that certain patterns that you have carried with you over many lifetimes can be laid to rest.

In previous incarnations you have tended to always opt for being dedicated to one cause or another. You have been a very spiritual soul that has often seen life as being magical, when life challenged you, you would choose faith as a way of getting you through each little test. The arts and healing arenas are where you have excelled and tended to use your talents; due to your expertise you often had a tendency to make others very anxious and self-conscious due to you demanding extremely high standards of excellence. You loved to inspire others yet many times due to your enthusiasm you would try to steam roll your needs and desires over others.

You have always been a youthful spirit and gaining attention and recognition



for your talents was high on your motivation list. You relished the opportunity to communicate with others and learn new skills. Anything repetitive would bore you quickly. You have been the student many times but also a wise teacher on many occasions too. Educating and healing others was where you could discover self-expression and inspiration.

Your soul has instinctively searched for one true soul mate from one incarnation to another, often you were drawn to others who showed refined social skills and admiration for the arts. You were often more enamoured with falling in love than creating any lasting relationship, for during the process of falling 'in love', your creative inspiration took flight. Relationships often lost their appeal as you felt the need to be in control and those you did control failed to intellectually satisfy you. In relationships of the heart you were not the easiest person to get to know. You had a tendency to show a cool exterior and often ignored the lesson of taking time to be happy and appreciate the partners you chose.

In many incarnations you have been a workaholic, a soul who focused on carving your identity through professional means rather than personal means. You desire to climb the ladder of success and gain recognition meant in heart to heart relationships you often were left cold and alone at night. The true lesson here was to learn that being vulnerable does not equate to being weak. When you can reveal to others that they are needed, then major redefining can occur.

Another area you had difficulty with maintaining balance was in the financial arena. Many times you would, throw caution to the wind and take chances without truly understanding the risks.

Your soul has always yearned to find that someone special, someone who would truly recognise and love the 'true' you. In some of your past incarnations you discovered that when you were most honest with yourself, about what you wanted and who you were, then you were lucky enough to find the right lovers who gave your fulfillment.



You have always been gifted with strong intuitive ability, protecting yourself from fluctuating energy vibrations is most important. In the spirit world we recognise those humans who have what we call unconscious attunement, this is where unconsciously you adopt and alter your vibrations to the energies around you. In one respect it is a wonderful gift to have, so long as you are able to differentiate between your own energies and those that you are absorbing otherwise this can greatly affect your ability to feel secure.

In your current life, you are here to discover your individuality, and as someone who likes to be respected, it is essential that you make a difference in the lives of those around you. You are a true leader, you love to inspire others, but hate to be told what to do by others, and this means on many occasions, others will feel threatened by your superiority.

You take after your father in this respect. Your father was raised to believe that his self-worth was dependent upon his achievements in society. The problem with this type of upbringing is that it can, for some, inhibit the ability to achieve true success, for whatever they try to achieve they somehow feel that it just isn't good enough.

In this lifetime, you have maintained your high standards, but this time, you have a sense of impatience with yourself when you fail to meet your own standards and in particular when you feel that someone else isn't too happy with you. Recognise that when you go out of your way to please others, you lose yourself and if you look back on your life so far, you will see that what I say here is right. Your biggest soul desire has been to find the perfect partner and there is nothing wrong with that; however where most humans



go wrong in relationships is that they expect their partner to be their salvation too, and this is a recipe for disappointment and failure.

In the spirit world we have a saying "Only when you accept yourself as perfect, will you find someone who is perfect in your eyes; for what you believe, the universe will reflect it back to you."

It is very important in your current lifetime that you allow your own assertiveness, strength and drive, to work to your benefit when you wish to fulfil your needs.

As you move through this year, you can expect major changes, so I ask that you work on increasing your network of friends and contacts, for your future fortune will be greatly enhanced if you consider areas where you can coach and counsel others. Look to new partnerships to bring you intellectual challenges and new interests, it is never too late to venture into higher education if what you wish to learn holds depth and meaning for you personally.

This year, it is extremely important that you don't waste time on trivial things. The quality of your future lies in identifying areas that need change. You will be confronted with challenges to help you build up a new vision for your future. Your life is about releasing new energies and enthusiasm to those who will respect your intellectual and spiritual capabilities. This year will be spiritually uplifting for you, as we help you awaken to your gifts and blessings.



Recognise that you are being given the opportunity to undergo a deep, transformative experience and if you cultivate the positive aspects of the past and the ideas you have for the future, you will see there is still much abundance to come. Every time you face a crisis, acknowledge that you are being asked to self-examine whether you are really doing something that is important or whether you are just settling for second best. You are entering a period where you discover your personal power, you have lived out your identity through influential male energies and it is time to cast off the chains of their projection. You have identified yourself through powerful men, now it is time to recognise how powerful you truly are.



Work on experiencing the power of the mind, and its ability to create the future. When you grasp how important this is, guide your thoughts into constructive channels and you will find fulfillment on all levels.

You can expect many challenges in your personal relationships through the coming months and you will find that you will not longer tolerate relationships that are not genuine. Whilst this can seem a testing time, it will highlight when it is best to pursue your own dreams rather than wasting time on relationships that don't help you achieve contentment.

In life it is often better to do without, rather than have something that doesn't truly fulfil your needs. Take your life into your own hands and expand your personal horizons, take on new intellectual challenges and get into your body through exercise and training. A new home will help to confirm your new status in life. If you are prepared to make the necessary efforts and have a positive expectation of the future, you will find that opportunity comes knocking at your door.

Blessings
Archangel Uriel